



Whole Energy  
Body Balance

## WEBB for Horses (Beta) Curriculum Outline

Hi- It's Dr. Ed and Caren (your teachers) here. This document gives you an outline of what you'll be learning and putting into practice in WEBB for Horses - an advanced program that will empower you with high-level skills to find and heal physical and emotional pain in horses as a Home or Professional Practitioner.

**This is the first time around for WEBB for Horses. It's in Beta, so there may be some adjustments to the flow, curriculum, and how it all works.**

Special Introductory Pricing (**UPDATED AND CLARIFIED**) - Home Practitioner \$2,500 (Day 1 only of the intensive live sessions), Advanced Home Practitioner \$3,500 (both days of the intensive live sessions), Professional \$5,500 AUD If you feel a calling for this work, please book your free discovery call with me (Dr. Ed) at <https://calendly.com/webb-thv/horses-discovery-call> -

Live sessions in Australia, Taradale Victoria March 16/17 2024, In Canada Tottenham, Ontario May 25/26 2024.

Enrollments close on Friday the 8th Dec. **Only available as an in-person training!** You must be able to attend in person.

### Online pre-learning programs and modules:

#### Foundational pre-learning

You'll be learning a broad range of skills from the WEBB Bodywork for Pets and WEBB Energywork for Animals programs - if you are not already enrolled in these, you'll find the Main teaching videos (approx 20 hours) from each program in your portal once you are enrolled.

It's a requirement that you have watched all the main teaching videos for both these programs (and practiced all the skills from them) before you attend the live, face-to-face WEBB for Horses weekend of intensive practical training.

**WEBB Bodywork for Pets** is a comprehensive neuro-fascial bodywork (specialised massage) program. You'll practice all the skills with your pets and with your horses. There are more than 25 skills - ranging from gentle (Yin) skills such as craniosacral and WEBB Loving Touch, the deeply relaxing Somatic Relaxation Technique, pulsing and movement, right through to deep, powerful neuro-fascial releases, mobilisations, and integrations. In addition, you'll learn a comprehensive Pet Silent Pain assessment process, WEBB Boundarywork, and WEBB



Animalspeak. This is the physical side of the method. For more information, visit the WEBB Bodywork for Pets information page [at this link](#).

You'll need to watch all of the main teaching videos (approximately 20 hours) before the time of your intensive practical weekend where you'll be hands-on with horses.

**WEBB Energywork for Animals** is a high-level intuitive development, empathic awakening, animal communication, and high-vibration Energywork program. You'll learn how to connect with and fill yourself to overflowing with natural healing energies, and apply a broad range of high-vibration energy healing skills locally and at a distance. This is the non-physical, intuitive side of the method.

You'll complete this foundational pre-learning so that we can help you take this work to very advanced levels of expression when you attend the in-person intensive weekend of hands-on training with horses.

You'll need to watch all of the main teaching videos (approximately 20 hours) before the time of your intensive practical weekend where you'll be hands-on with horses.

For more information, visit the WEBB Energywork for Animals information page [at this link](#).

## Equine-specific online pre-learning

Horses are unique, beautiful, incredibly sensitive, and powerful beings. These pre-learning modules that you'll complete in the three months leading up to your live intensive training weekend help you meet your horses in a profoundly deeper and more sensitive way.

### Introduction

- Meeting your teachers - Dr Ed + Caren
- Logistics and the flow
- Horse Silent Pain
- Somatic Embodiment + Energy Connection
- Connecting with your 'WHY'

### Module 1: Horse + Practitioner Safety + Permission

- How horses react to therapeutic touch
- Why you need to be grounded and present
- Safety
- Working with your horse



- Sensitivity + Awareness
- Seeking permission

### **Module 2: The Human Factor**

- Strengthening and deepening your SE + EC practice (presence)
- Your horse, the perfect mirror
- Empathic awareness
- Being vs doing
- Creating and holding space with your horse(s)
- Yielding to pressure

### **Module 3: Gear, Training 'Tools, Foot Care, And How They Affect The Neuro-Fascial Network**

- Hoof balance
- Working with farriers etc.
- Barefoot vs. shoeing
- Gear/tack - what kinds, fitting it properly, etc
- Understanding how tack/gear/shoes etc can compromise the horse

### **Module 4: Advocacy, Education & Team Approach**

- Being a beautiful advocate for your horses (and the horses you work with)
- A holistic approach to Horse well-being
- Working with other professionals - vets, dentists, saddle fitters, farriers, nutritionists, coaches, trainers, etc.

### **Module 5: Visual Assessment Posture Vs Conformation**

- Assessing conformation, shape, and movement
- Assessing posture
- General conformation rules (with images for reference)
- Using photos for assessment and ongoing monitoring of response to treatment.

### **Module 6: Home Dynamics Horse + Human**

- Physical + emotional history of you, 'the horse', and the herd
  - Traumas
  - Bereavements
  - Present circumstances
- Preferred future



- Your self-care is your horse's self-care! Daily self-care, health, strength + fitness practices
- The Five Freedoms

### **Module 7: Prior preparation**

- SE + EC practice
- No artificial fragrances (Includes essential oil blends!)
- Clean clothing (disease control, not different barns etc)
- Training horses vs student horses
- Background of the student
- Be prepared for your horses to behave differently
- Possibility of swapping horses
- '*Hitching*' - entrainment: the good, the bad, the ugly
- Ethics, integrity
- The horse's mmt team needs to know that the horse's behaviour may change, sometimes radically, after practice or treatment sessions.

### **Extra Module - The Ins and Outs of working with Sport Horses**

- Details TBC

Intensive in-person weekend training Outline/Schedule can be found on the following few pages



## Intensive in-person weekend training

On the next two pages, you'll see the schedule/program of what we will be doing on the ground over the weekend! Blue text is hands-on/Bodywork skills, green text is intuitive/Energywork skills. Red is the core practice. You'll be learning how to do all of these things at the same time!

### Day 1 Home Practitioners only, Day 2 Advanced Home + Professional

<p><b>Day 1 Part 1 Meeting Your Horse</b></p> <p><b>SE + EC Practice</b></p> <p>Distant Visual Assessment + Connection</p> <ul style="list-style-type: none"><li>- Posture vs conformation</li><li>- Expression/mood</li><li>- At rest vs movement</li></ul> <p>Close Visual Assessment</p> <ul style="list-style-type: none"><li>- Response to approach</li><li>- Coat condition (fascial hydration, localised fascial issues)</li><li>- Hoof balance/comfort (weight shifting)</li></ul> <p><b>Day 1 Part 2 First Contact + Active Connection</b></p> <p><b>SE + EC Practice</b></p> <p>Approach + Safety</p> <p>Lead work</p> <p>Loving touch/soft assessment for guarded areas (care near spine)</p> <p>Building a positional release</p>	<p>Seeking permission, opening connection</p> <ul style="list-style-type: none"><li>- Holding Space</li><li>- Holding the field</li><li>- The space between</li><li>- Energy assessment - intuitive perception/empathic connection<ul style="list-style-type: none"><li>- First connection/impressions</li><li>- Grounding<ul style="list-style-type: none"><li>- Belt meridian</li><li>- Leg channels</li></ul></li><li>- Energy Body/Field<ul style="list-style-type: none"><li>- How far out</li><li>- Boundaries</li><li>- Flow</li><li>- damage</li></ul></li><li>- Chakras</li></ul></li><li>- Source connection</li><li>- Colourwork</li></ul> <p>Hands-on Energy Flow</p> <p>Activity cycles of energy healing focuses</p> <p>Intuitive and empathic awareness - continual assessment</p>
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### Day 1 Part 3 Finding And Releasing Pain, Tension, Anxiety, and Energy Issues

#### SE + EC Practice

Stretching Fascia Circles  
Somatic Relaxation Technique  
Body Dance  
Balancing between release and integration- Yang/Yin

Pulsing the Field  
Moving energy - figure of 8 and free form  
Applying Energywork at a distance (Close and far)  
Mirroring Energy (the good and the bad)

### Day 2 Part 1 Reconnecting, Meeting the new horse that your horse is today

#### SE + EC Practice

Reconnecting - always start from scratch  
Building trust and connection with Loving touch  
Professional assessment

- Visual
- Hands-on within limits and permission
- Spinal health
- Limb health
- Gait, range of motion, biomechanics
- Fascia throughout the body

Fluidity/flexibility  
Integration/assimilation with gentle touch

Revisit Energy Assessment  
Chakra Assessment  
Chakra work  
Evolving Assessment, perception, etc  
Vibrational Medicine

### Day 2 Part 2 Going Deeper

#### SE + EC Practice

Asking for more - deeper assessment  
Release vs integration  
Advanced fascial releases

- Sink and glide
- Holding
- Trigger point
- Counter stretching
- Pulsing

Space Between advanced  
Herd + Family constellation  
Clearing entities and foreign energies  
Three sweep technique



- Spinal integration
- Targeted Placement
- TMJ, Masseter, Neck, Scapula, Thoracic Trapezius, Lattisimius, Sternum, Thoracolumbar/psoas, Kidney, Sacrum, Glutes, Biceps, Hips, Hamstrings.

### Day 2 Part 3 Practice Distance Energywork Session

### Day 2 Part 4 Icing the Cake

#### SE +EC Practice

Craniosacral Assessment + work

Primary Craniosacral connections

- Poll
- Withers
- Sacrum

Secondary Craniosacral Connections

- Occiput
- Sacrum
- Scapulas
- Tuber coxae
- Tail
- Hips
- Ribs
- Diaphragm
- Sternum
- Abdominals
- Coronet

Atlas

Cranium

Limbs

Balancing Yang and Yin practices, Integration  
+ Assimilation

You'll complete a 30 minute all and everything  
WEBB Energywork session with a rescue  
horse, working from an image

Moving Energy

- Circles (washing machine)
- Circles with figure 8 transition
- Free form movements
- Sweeping
- Regrounding to the earth

WEBB Psycho/Spiritual Somatic Integration  
Process



## WEBB Bodywork Skills list

- Somatic embodiment of awareness + energy connection
- Assessment
- Boundary work
- Loving touch
- Hands-on energy connection
- Stretching circles/spirals with fascia
- Positional release
- Sink and glide- deep release/assessment
- Therapeutic pulse
- Somatic Relaxation Technique
- Craniosacral (stillness + with movement)
- Body dance
- Flow work
- Fascial releases – stretch/hold, counter stretches, pinch/roll, pinch/twist
- Trigger point
- Lumbar/deep core release
- Thoracic inlet release
- Thoraco/lumbar release
- Diaphragm releases
- External abdominal release
- Visceral work
- Spinal mobilisation
- Spinal integration strokes
- Limb work
- Cranial releases

### Additional Advanced Skills

- Subliminal movements
- Bringing movement into the body
- Deep frontline releases
- TMJ release
- Feeling the breath in the sacrum





## WEBB Energywork for Animals Skills List

- Somatic Embodiment + Energy Connection (full rainbow/source connection/chakra activation)
- Intuitive development
- Empathis awakening
- Laying on of hands (loving touch)
- Holding space
- Creating a safe healing space
- WEBB Energywork assessment
- WEBB Moving Energy
  - WEBB three sweep energy flow technique
  - WEBB vortex technique
  - WEBB figure of 8
  - WEBB free from movements
- WEBB Energywork fundamentals
  - Releasing + clearing,
  - Nurturing + nourishing (energizing + integrating),
  - Centering, balancing + grounding
- WEBB Colourwork
- Grounding
- Working with energy beings
- Clearing non-physical energies/entities
- WEBB vibrational medicine
- WEBB space between work (dancing in the space between)
- Working with energy centers
- The family constellation (the human factor, pack)



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## Testimonials

### **Geronimo the sour horse (Dr Ed session Testimonial)**

I can't even begin to tell you what a difference it's made. He's only put his ears back once...dinner time and I was putting his rug on, which is a normal reaction. Even then it was fleeting. I told him it was OK and I wanted him to be warm. He settled immediately and calmly chomped away.

We've played on obstacles, trail-ridden over some significant hills, and been to a lesson. Not once has he pinned his ears even when I've saddled him. Truly amazing! I find he's looking at me super focused but with soft eyes and face. When I pat his sides he's completely fine with it too.

I think his change was way faster than mine... I had quite an emotional few days. I was exhausted and didn't feel like riding at all. We just hung out and played over a few obstacles. I think he loved it. A few days later we went on a big trail ride, and he was so motivated and full of energy. It was the first time I laughed out loud on a ride in a long time. We had a lot of fun! I have been talking to a lot of riders about our session together. They are amazed at the difference.



## **WHOLE ENERGY BODY BALANCE FOR HORSES**

*Combining natural horsemanship,  
hands-on bodywork, energy healing  
work, and intuitive communication*



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**Elsie, a troubled mare (WEBB student Testimonial)**

I would like to share my experience this past week in working distantly with a troubled mare using WEBB Energywork. The mare, Elsie, is in New York. I am in Queensland, Australia. Elsie's owner, Amy was at her wit's end trying to help Elsie who was very stressed, a weaver (a vice where the horse habitually sways from side to side) and in being unsettled was ramming gates and hitting her head on her stable wall. The vet had prescribed Prozac for Elsie, but with little effect.

Eventually the vet suggested an animal communicator, as if the barn owner asked Amy to move Elsie to another barn, she didn't know what she could do with her. The behaviours had started several years ago, but had become much worse in the last two years. I was the second animal communicator to connect with Elsie. The first hadn't been able to get much from her. I, too, found her reluctant to chat at first and decided to do a WEBB Energy Work session.

The change in Elsie was immediate, and Amy now feels that she has the old Elsie back, that she hasn't seen in several years. While still weaving at times, Elsie can now stay out in the paddock for hours on end, happily grazing whereas she used to become unsettled after about 10 minutes. She ignores horses working in the arena where she can see them, and her paddock buddy now likes her instead of trying to kick her as soon as they got together.

Elsie is also no longer hitting the wall of the stable with her head, or repeatedly ramming gates, and is allowing Amy and her family to pat her and cuddle her again. She has also become interested in life again, calling out to Amy and asking to be taken out to the paddock, instead of weaving, head circling and hitting her head against the stable wall.

The behaviours haven't disappeared completely, but are much improved after one week.